

Table 1

COVID ADAPTED 2020-21 SCHEDULE	*Please note classes and teachers subject to change					
MONDAY	10-11:30 OPEN POST GRAD/ ADULT BALLET MS STEPHANA					
	11:30-12:30 COMPANY REHEARSAL MS STEPHANA					
	12:30-1:30 REP COACHING/ PRIVATES MS STEPHANA					
		PRIVATES	PRIVATES			
	4-5:30 PRO 1 / PRO 2 BALLET MS STEPHANA		4.00-5.30 PRO 2/ JR. PRO/ ASPIRANT- 3/4 OPEN BALLET MR NICK			
	5:30-6:30 PRO 1 PBT/ PILATES CONDITIONING & FOOT CONDITIONING MS SUSIE		5.30-6:30 PRO 2/ JR PRO PBT /PILATES CONDITIONING MS STEPHANA	5.30-6.30 ASPIRING 3/4 & ASPIRANT LYRICAL MR NICK		
	6:45-7:45 PRO 1 CONTEMP. BALLET MS STEPHANA			6.45-7:45 ASPIRING 1/2 & 3/4-ACRO MR NICK		
	7:45 -8:45 PRO 1 CONTEMPORARY TECH. MS STEPHANA					
TUESDAY						
	10-11:30 OPEN POST GRAD/ ADULT BALLET MS STEPHANA					

COVID ADAPTED 2020-21 SCHEDULE	*Please note classes and teachers subject to change					
	11:30-12:30 CONDITIONING/ YOGA MS STEPHANA					
	12:30-1:30 REP COACHING/ PRIVATES					
	1:30-3:30 PRO 1 BALLET (POINTE CENTRE) MS TANIA		1:30-3 PRO 2 HALF DAY- JAZZ TECH MS ALICIA			
	3:45-5:15 PRO 1 JAZZ TECH MS ALICIA		4-5:15 PRO 2 ISTD INTER. BALLET MS TANIA		4-5:10 HIGHLAND DANCING RENTAL	
	5:15-6:15 PRO 1 POINTE/REP. MS TANIA		5:15-6:15 ASPIRANT/ JR PRO JAZZ TECH MS ALICIA		5:15-6:15 PRIMARY & GRADE 1/2 BALLET MS TRISHA	
	6:15-7:30 INTER-FOUND ISTD MS TANIA		6:15-7:15 PRO 2 JAZZ TECHNIQUE MS ALICIA		6:15-7:15 ASPIRANT/ 3/4 BALLET MS TRISHA	
	7:30-8:45 RAD ADV 1 MS TANIA		7:30-8:30 JR. PRO LYRICAL & JAZZ CHOREO MS ALICIA		7:30-8:30 PRO 2 RAD BALLET MS TRISHA	
WEDNESDAY						
	10-11:30 OPEN POST GRAD/ ADULT BALLET MS STEPHANA					
	11:30-12:30 COMPANY REHEARSAL					
	12:30-1:30 REP COACHING/ PRIVATES MS TANIA					

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	4-5:30 PRO 1 BALLET MS TANIA			4-5 PRO 2 / JR. PRO CONTEMP. BALLET MR NICK		
	5:30-6:30 PRO 1 POINTE/REP. MS STEPHANA		5:30-6:30 ISTD INTER FOUND MS TANIA	5-5:30 BOYS CLASS MR NICK		
	6:45-7:45 PRO 1 CROSS- TRAINING/YOGA CONDITIONING MS STEPHANA		6:30-7:30 PRO 2 INTERMEDIATE ISTD MS TANIA	5:30-6:30 PRO 1/2 ACRO MR NICK		
	7:45-8:30 PRO 1 BALLET / CONTEMP. BALLET CHOREO MS STEPHANA		7:30-8:30 PRIVATES MS TANIA			
THURSDAY						
	10-11:30 OPEN POST GRAD/ ADULT BALLET MS STEPHANA					
	11:30-12:30 CONDITIONING/ YOGA MS STEPHANA					
	12:30-1:30 REP COACHING/ PRIVATES MS STEPHANA					
	1:30-3:30 PRO 1 BALLET (POINTE CENTRE) MS STEPHANA	2:30-4 ISTD ADV. 2 MODERN MS KIM	1:30-3 PRO 2 DAY BALLET MR NICK			
	4-5 PRO 1 CONTEMPORARY TECH. MS KIM		4-5 PRO 2/ JR. PRO POINTE/REP. MS STEPHANA			
	5-6:15 INTER. MODERN MS KIM		5.00-6.00 JUNIOR PRO /GRADE 3/4 CONDITIONING & STRETCH MR NICK			

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	6:15-7:30 ISTD ADV.1 MODERN MS KIM		6:15-7:15 PRO 2 PILATES /PBT CONDITIONING MR NICK			
	7:30-8:15 PRO 1 CONTEMPORARY/ MODERN CHOREO MS KIM		7:15-8 PRO 2/JNR PRO CONTEMP. BALLET CHOREO MS STEPHANA			
FRIDAY						
	10-11:30 OPEN POST GRAD/ ADULT BALLET MS STEPHANA					
	11:30-12:30 COMPANY REHEARSAL MS STEPHANA					
	12:30-1:30 REP COACHING/ PRIVATES					
			3-4 PRIVATES	3-4 PRIVATES		
	4-5:30 PRO 1 LYRICAL MS ALICIA		4-5 JR PRO/ ASPIRING 3/4 GRADE 5 MODERN MS KIM	4-5:30 PRO 2 HALF-DAY BALLET MR NICK		
	5:30-6:30 PRO 1 CONDITIONING & STRETCH MS ALICIA		5-5:45 JR. PRO CONTEMP. CHOREO MS KIM			
	6:45-7:45 PRO 1 LYRICAL & JAZZ CHOREO MS ALICIA		5:45-6:45 PRO 2 /JR PRO CONTEMPORARY MS KIM			
	7:45-8:45 PRO 2 JAZZ & LYRICAL CHOREO MS ALICIA		6:45-7:45 JR. PRO/ PRO 2 LYRICAL TECH MR NICK			
SATURDAY	10-12 PRO 1 BALLET (POINTE CENTRE) MS STEPHANA/ GUEST		9:15-10 ASPIRING GRADE 3/4 BALLET MS TRISHA	10-11 PRO 2/ JR PRO CROSSTRaining CONDITIONING MS TRACY		

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	12:45-1:45 CORPS DE BALLET MS STEPHANA		10-11 KINDER BALLET MS TRISHA			
	2-3 CREATIVE PROCESS/ MODERN REP MS KIM		11-12 JR PRO /PRO 2 OPEN BALLET MS TRISHA	12-1 GRADE 1/2 & PRIMARY MODERN MS KIM		
	3-4 CONTEMPORARY CHOREO/ REHEARSALS MS STEPHANA		12:15-1:15 PRO 2 / JR PRO POINTE MS TRISHA	1:15-2 PRO 2 CONTEMP. CHOREO MS KIM		
	4-5 PAS DE DEUX TBA		1:15-2 ASPIRING GRADE 1/2 BALLET MS TRISHA			